

17th Annual Alzheimer's Association New Mexico Chapter Caregiver Conference

Saturday November 6th, 2021 9:00 am to 3:00 pm MST

Separate tracks provided for Professional Caregivers and Family Caregivers.

A Virtual Event

The 17th Annual Alzheimer's Association New Mexico Chapter Caregiver Conference
Breaking Down Barriers: Exploring Challenges in Caregiving

Dementia caregiving comes with many challenges; barriers to support, access and health equity should not be among them. This conference is the preeminent event covering the broad spectrum of issues surrounding dementia caregiving for both professional and family caregivers. You'll be introduced to a wealth of helpful, practical information designed to improve the caregiving experience, and help you navigate past the barriers you may be facing.

Please note that this year our conference will be a virtual event, due to the pandemic.

Saturday, November 6th, 9am – 3pm.

Separate tracks provided for Professional Caregivers and Family Caregivers.

Register Below

You can also call us at (505) 266-4473.

Register Now

About the Alzheimer's Association:

The Alzheimer's Association leads the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. Our vision is a world without Alzheimer's and all other dementia®.

The New Mexico Chapter provides statewide support, fundraising and advocacy on behalf of the 43,000 New Mexicans with Alzheimer's disease and their 85,000 unpaid family caregivers. Visit our website: www.alz.org/newmexico.

Our 24/7 Helpline is available anytime, day or night: [1 \(800\) 272-3900](tel:18002723900).

2021 CAREGIVER CONFERENCE AGENDA

Saturday, Nov. 6, 2021

9:00 a.m. - 9:45 a.m.

Welcome & Opening Session with Keynote Speaker:



Tim Sheahan
Executive Director, Alzheimer's Association, New Mexico Chapter



Joseph P. Sánchez, PhD, MBA
State Director, AARP New Mexico



Carl Hill, PhD, MBA
Chief Diversity, Equity & Inclusion Officer, Alzheimer's Association

10:00 a.m. – 10:45 a.m.

Breakout Sessions I:

• **Family:** Common Legal Issues for Senior Citizens



Natalie Myers
Staff Attorney Legal Resources for the Elderly Program

• **Family:** The Benefits Connection Center (BCC)



Genny Espinosa
Benefits Specialist Adelante Benefits Connection Center

• **Professional:** Social Isolation & Its Effects



Gary Williams
Associate State Director, AARP New Mexico

• **Professional:** Healthy Brain Initiative: Road Map For Indian Country



Edie Yau
Director, Diversity, Equity & Inclusion Engagement Alzheimer's Association



11:00 a.m. – 11:45

Breakout Sessions II

- **Family:** Medicare Health Coverage Options



Carmen Good
Agency Leader Healthcare Options Providing Educated (H.O.P.E.) Solutions

- **Family:** Effective Communication Strategies



Kathleen DiMasi
Alzheimer's Association Volunteer

- **Professional:** Grief and Loss for Caregivers;



Rick Vinnay, LCSW
Executive Director The Solutions Group EAP and Wellness Programs

- **Professional:** The Healthy Brain Initiative: Advancing Alzheimer's Through Public Health



John Shean
Associate Director of the Healthy Brain Initiative Alzheimer's Association

12:00 p.m. - 1:00 p.m.

Lunch

12:30 p.m. -1:00 p.m.

General Lunch Session: An Update on Alzheimer's Disease Treatment Research



Dr. Michael D. Devous, Sr.

1:15p.m. – 2:00 p.m.

Breakout Sessions III

- **Family:** How to Increase Medication Adherence



Jessica Giguere
Regional Account Director MedMinder Pharmacy



Alison Weldon
Pharm D., RPh. MedMinder Pharmacy

- **Family:** Adult Day Program/Care - How this service can benefit you and your loved one



Jessica Lager
CEO/Owner Mayberry Senior Services



Risa Vallano
Director Mayberry Senior Services

- **Professional:** Understanding and Responding to Dementia Related Behaviors:



Ron Lucchino PhD
Alzheimer's Association Volunteer

- **Professional:** Aducanumab (and its followers): therapeutic innovations with major caveats



Dr. John Adair
Professor of Neurology University of New Mexico Center for Memory & Aging

2:15 p.m. - 3:00 p.m.

Closing Session – The Joy of Dementia Caregiving;



Cindy S. Brown, LBSW, CDP
Home Instead Senior Care

Frequently Asked Questions

Is there a cost to attend?

No, this conference is 100% free to attend

Is there an option to attend in-person?

Will there be CEU's available for Professional Caregivers?

Is there Respite Reimbursement available?

